


2022-2023 Season

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
1/2 Day Ballet 1:30-3:00		1/2 Day Ballet 1:30-3:00		1/2 Day Ballet 1:30-3:00		1/2 Day Ballet 1:30-3:00		1/2 Day Ballet 1:30-3:00		Intermediate Performance 10:00-12:00	Elementary Ballet 10:00-11:30
1/2 Day Pointe 3:00-4:00		1/2 Day Pointe 3:15-4:30	Private	1/2 Day Technique 3:00-4:00		1/2 Day Variations / Rep 3:00-4:30		1/2 Day Pas de deux 3:00-4:00		Stretch 12:00-1:00	Elementary Performance 11:30-12:30
1/2 Day + Conditioning 4:00-5:00	Level 4 Ballet 4:00-5:30	1/2 Day + Character 4:45-6:00	Intermediate Ballet 4:30-6:00	1/2 Day+ Stretch 4:15-5:30	Level 4 Ballet 4:00-5:30	Advanced Ballet 4:45-6:15	Level 3 Ballet 4:00-5:15	1/2 Day Contemporary 4:00-6:00	Advanced / Intermediate Ballet 4:15-5:45	Open Rehearsal Block 1:00-4:30	Level 3 Ballet 12:30- 1:45
Advanced Ballet 5:30-7:00		Advanced Ballet 6:00-7:30	Intermediate Pointe 6:00-7:00	Advanced Ballet 5:30-7:00	Elementary Ballet 5:30-7:00	Advanced Conditioning 6:15-7:15	Intermediate Ballet 5:15-6:45	Advanced / Intermediate Contemporary 6:00-7:30			Level 2 Ballet 1:45-2:45
Advanced Pointe 7:00-8:00		Advanced Repertoire 7:30-8:30		Advanced Pointe 7:00-8:00			Intermediate Pointe 6:45-7:30				Level 1 Ballet 2:45-3:45
											

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